

# Sanity

But first lets talk about four types of love

Phlios, Storge, Eros, Agape

Agape is Love as an action



# Principle 2

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

## Step 2

We came to believe that a power greater than ourselves could restore us to sanity.



## *Luke 4: 16-20*

<sup>16</sup> So He came to Nazareth, where He had been brought up. And as His custom was, He went into the synagogue on the Sabbath day, and stood up to read. <sup>17</sup> And He was handed the book of the prophet Isaiah. And when He had opened the book, He found the place where it was written:



18 “The Spirit of the Lord *is* upon Me,  
Because He has anointed Me  
To preach the gospel to *the* poor;  
He has sent Me to heal the brokenhearted,  
To proclaim liberty to *the* captives  
And recovery of sight to *the* blind,  
*To* set at liberty those who are oppressed;  
19 To proclaim the acceptable year of the Lord.”

*Luke 4: 16-20*



Insanity has been defined as: (group quiz time)

Sanity: “wholeness of mind; making decisions based on the truth.”

Restore: to return (someone or something) to a former owner, place or condition)

*“Their hearts and minds are being restored to their original created condition, made in the image of God”*



# Principle 2

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

## Step 2

We came to believe that a power greater than ourselves could restore us to sanity.





**S** Sight for the blind  
**A** Agape Action  
**N** New Ways of Thinking  
**I** Integrity Mind Heart Body  
**T** Three Inner Spaces  
**Y**



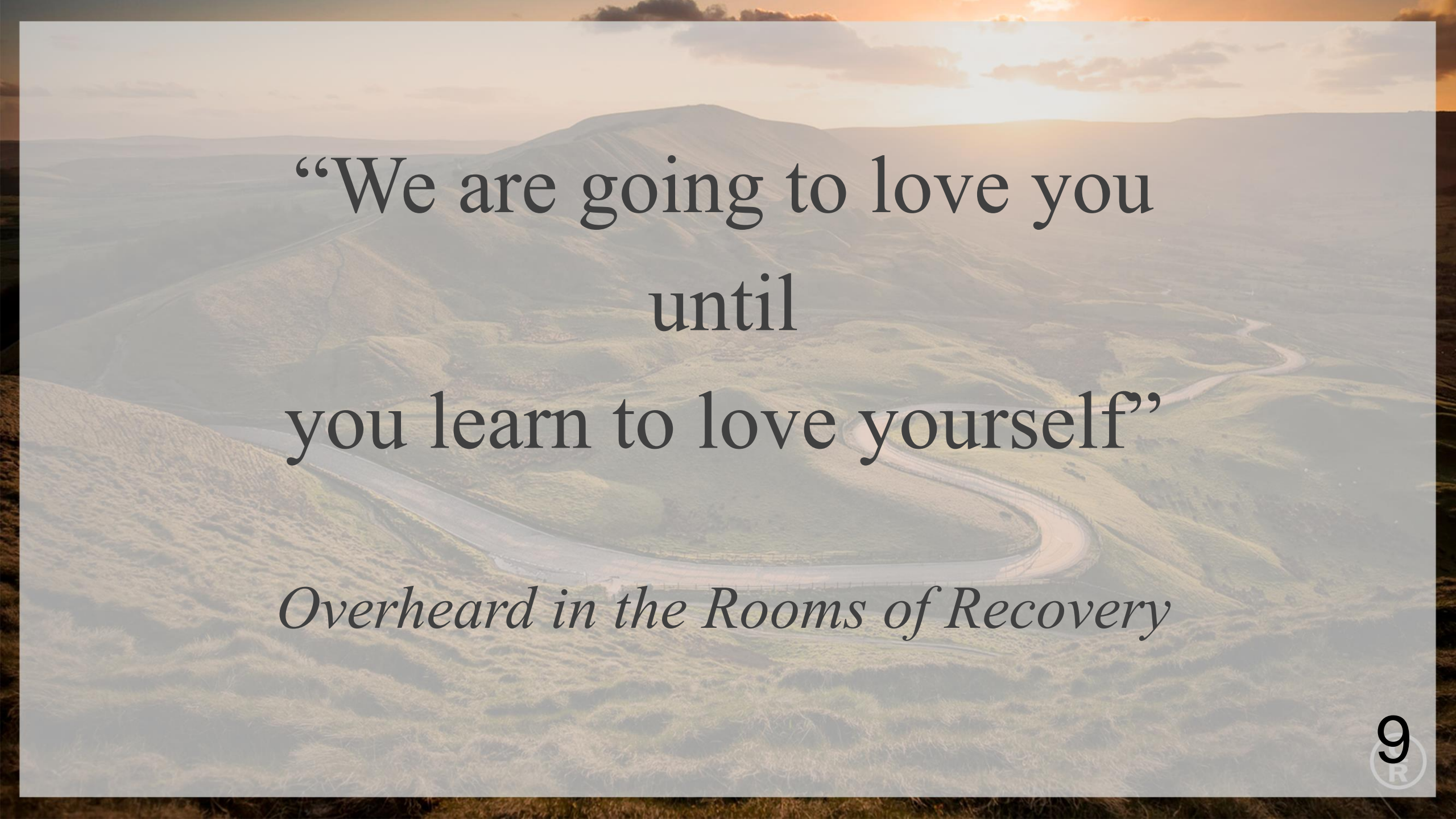
# Principle 2

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

## Step 2

We came to believe that a power greater than ourselves could restore us to sanity.



A scenic landscape with rolling green hills, a winding river, and a sunset sky. The text is overlaid on the image.

“We are going to love you  
until  
you learn to love yourself”

*Overheard in the Rooms of Recovery*





**S** Sight for the blind  
**A** Agape Action  
**N** New Ways of Thinking  
**I** Integrity Mind Heart Body  
**T** Three Inner Spaces  
**Y** Yeshua